



Attention 5th graders!

Memorize your lunch PIN for a prize!

PARENTS: This PIN will *remain the same* from now through HS graduation. Help your student learn it *now* and help with the transition to WMS and their visit in the spring!

To get your child's PIN: log into parent portal, select the child's name in the upper left, then select Attendance History. You will see that child's student number on the Attendance History page.

One awesome flexible pencil will be awarded per child after entering their PIN from memory!

Weston Intermediate School

April 2019

Hot Lunch Price: \$3.05 (includes hand fruit and choice of hormone free milk or bottled water) (Qualifying Reduced Price \$0.40)

Monday	Tuesday	Wednesday	Thursday	Friday	
1	2	3	4	5	
Crispy Chicken Tenders-	Classic Waffles	Barilla Pasta Bar-	Pigs in a Blanket-	Classic Cheese Pizza-	
Honey Butter Corn	Crispy Bacon	Choice of: White or Wheat	Hebrew National	Non GMO- Tomato Sauce with	
Sweet &Tangy BBQ Sauce	Potato Puffs	Choice of: Non GMO-Marinara,	All Beef Hot Dog	Extra Virgin Olive Oil	
	Melted Butter	Bolognese or Butter & Cheese	Baked in Fresh Dough	Natural Mozzarella Cheese	
	Small Batch Strawberry Sauce	Fresh Seasoned Green Beans	Oven Baked Potato Puffs	Fresh Seasoned Broccoli	
	or Strawberry Banana Sauce		Seasoned Mixed Vegetables		
8	9	10	11	12	
Crispy Chicken Tenders-	Non GMO Buttermilk Pancakes-	Barilla Pasta Bar-	Hamburger-	Classic Cheese Pizza-	
Honey Butter Corn	Applegate Farms (Nitrate Free)	Choice of: White or Wheat	Grilled ¼ lb Angus Beef Burger	Non GMO- Tomato Sauce with	
Sweet &Tangy BBQ Sauce 15	Natural Breakfast Sausage	Choice of: Non GMO-Marinara,	Oven Baked Steak Fries	Extra Virgin Olive Oil	
	Chilled Fresh Orange Wedge	Bolognese or Butter & Cheese	Natural Ketchup	Natural Mozzarella Cheese	
	Melted Butter	Fresh Seasoned Green Beans	add Cheddar Cheese \$0.60	Fresh Seasoned Broccoli	
	Small Batch Blueberry Sauce 16	17	18	19	
22	23	24	25	26	
Crispy Chicken Tenders-	Classic Waffles	Barilla Pasta Bar-	Nachos-	Classic Cheese Pizza-	
Honey Butter Corn	Crispy Bacon	Choice of: White or Wheat	Seasoned Angus Beef	Non GMO- Tomato Sauce with	
Sweet &Tangy BBQ Sauce	Potato Puffs	Choice of: Non GMO-Marinara,	Natural Cheddar Cheese Sauce	Extra Virgin Olive Oil	
	Melted Butter	Bolognese or Butter & Cheese	Crispy Tortilla Chips	Natural Mozzarella Cheese	
PASSOVER CHOICE	Strawberry or S/Banana Sauce PASSOVER CHOICE	Fresh Seasoned Green Beans PASSOVER CHOICE	Salsa PASSOVER CHOICE	Fresh Seasoned Broccoli PASSOVER CHOICE	
29	30				
Crispy Chicken Tenders-	Non GMO Buttermilk Pancakes-	Passover Choice			
Honey Butter Corn	Applegate Farms (Nitrate Free)	Matzah Peelec	Matzah, Peeled Hard Cooked Egg, Fresh Vegetables, Fresh Fruit		
Sweet &Tangy BBQ Sauce	Natural Breakfast Sausage	racean, recied raid cooked Egg, riesh vegetables, riesh ritat			
	Chilled Fresh Orange Wedge				
	Melted Butter				
	Small Batch Blueberry Sauce				

Daily A la Carte Offerings

In addition to our hot prix fixe menu, we also offer the following daily a la carte items at this location.....

Foods

Salad & Crudité Bento \$2.00 Assorted Grab & Go Boars Head Deli Sandwiches \$3.35

Pasta Salad \$1.00 Marinated Sliced Grilled Chicken \$1.00

House Made Croutons \$.15 Hummus Cup (sesame free) \$1.00

Fresh Cut Fruit Salad \$1.65 Fresh Mozzarella and Tomato Sandwich \$3.35

Cheese, Fresh Grapes and Crackers \$2.85 Assorted Whole Fruit \$0.85

Sun Butter and Organic Grape Jelly (non GMO) Sandwich \$2.50 Stonyfield Organic Yogurt Parfait made with Nut Free Granola \$2.50

Cereal Bowls (Cheerios, Apple Cinnamon Cheerios, Fruity Cheerios) \$1.10 GoGo Squeez 100% Fruit & Apple Sauce Pouch \$1.50

Pudding Cup (Gluten Free) \$1.10 Bagel with Cream Cheese \$1.65

Mozzarella String Cheese \$0.65 Cheddar Cheese Cup \$.50

Beverages

<u>Dairy</u> <u>Dairy Alternative</u>

(All Hormone Free) 2% White Milk or Skim Chocolate Milk \$0.65

Horizon Organic Low Fat Milk Box (chocolate or vanilla) \$2.10

Stonyfield Organic Yogurt and Fruit Smoothie \$1.20

Water

Apple & Eve Organic Apple Juice Box \$1.00

Silk Soy Milk (vanilla or chocolate) \$1.75

100% Fruit Juice

Tropicana Pure Premium Orange Juice \$1.25

Switch Sparkling Juice \$1.50

Small Bottled Water \$0.65 - Large Bottled Water \$1.25

......Prepackaged Snack Items......

Assorted Baked Lays \$1.10 Rold Gold Pretzels \$1.00

Assorted Sun Chips \$1.10 Kettle Brand Potato Chips (non GMO) \$1.00

Smartfood Popcorn \$1.00 Pirates Booty (non GMO) \$1.25

Good Health Veggie Straws (non GMO) \$1.60 Reduced Fat Doritos \$1.10

Assorted Fresh Baked Cookie \$.60 Whole Grain Scooby Cinnamon Sticks \$1.00

Assorted Stacy's Pita Chips \$1.50 Whole Grain Muffin \$1.00

DID YOU KNOW?

We use 100% certified humane, antibiotic & hormone free Angus ground beef

Our chicken is raised with a restricted antibiotic protocol

Our eggs are cage free

We use only natural cheeses in our kitchens

We use ingredients that are free from high fructose corn syrup

We do not use ingredients containing hydrogenated oils

We do not deep fat fry

Our meats are "whole muscle," non-processed

Our deli meats are Boars Head Brand

Our milk is hormone free

We use regional farmers for fruits and vegetables (seasonally available)

Our fruit juices are 100% juice

Our Tuna is line caught, dolphin safe

Parents of Students with Allergies

Please contact us directly with questions regarding menu items and ingredients so we may provide your child with safe lunch choices.

Parental Controls

We understand that parents may want to limit their child's privileges to certain items available in the cafeteria. For more information about this service please contact our offices (203) 291-1656 so we may discuss this option with you.

The Culinary Services Program at Weston Public Schools

Director of Culinary: Andre Santelli, FMP

andresantelli@westonps.org

(203) 515-0510

Chartwells Dining Manager: Meghan Bendish

meghanbendish@westonps.org

(203) 258-9319

Chefs de Cuisine:

Hurlbutt Elementary School: Joe Miele

Weston Intermediate School: Ralph Serpico

Weston Middle School: Blanca Ponce

Weston High School: Luis Cedeno

Finance and Accounts:

Kareshma Sadat

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