

New this year.....

Introducing 

NO
ANTIBIOTICS
EVER


ALL
VEGETARIAN FEED†

NO
HORMONES
OR STEROIDS
ADDED*

NO
NITRATES
OR
NITRITES

*Federal regulations prohibit the use of hormones or steroids in pork and poultry.

†Except for milk protein in pork products.

‡The USDA organic regulations do not permit the use of GMOs.

§Minimally processed. No artificial ingredients.

We are proud to offer two new menu items featuring Coleman Natural ingredients ...

Coleman Natural Oven Roasted Turkey Breast and Cheddar Cheese Sandwich Wrap

Coleman Natural Oven Baked Breaded Chicken Tenders*^{GF}

***Gluten Free**



Weston Intermediate School – August/September 2019

Hot Lunch Price: \$3.05 (includes hand fruit and choice of hormone free milk or bottled water) (Qualifying Reduced Price \$0.40)

Monday	Tuesday	Wednesday	Thursday	Friday
Welcome Back!	27 Non GMO Buttermilk Pancakes- Applegate Farms (Nitrate Free) Natural Breakfast Sausage Chilled Fresh Orange Wedge Melted Butter Small Batch Blueberry Sauce	28 Barilla Pasta Bar- Choice of: White or Wheat Choice of: Non GMO-Marinara, Bolognese or Butter & Cheese Fresh Seasoned Green Beans	29 Pigs in a Blanket- Hebrew National All Beef Hot Dog Baked in Fresh Dough Oven Baked Potato Puffs Seasoned Mixed Vegetables	30 Classic Cheese Pizza- Non GMO- Tomato Sauce with Extra Virgin Olive Oil Natural Mozzarella Cheese Fresh Seasoned Broccoli
2	3 Classic Waffles Crispy Bacon Oven Baked Potato Puffs Melted Butter, Strawberry or Strawberry Banana Sauce	4 Barilla Pasta Bar- Choice of: White or Wheat Choice of: Non GMO-Marinara, Bolognese or Butter & Cheese Fresh Seasoned Green Beans	5 Hamburger- Angus Beef Burger Oven Baked Steak Fries Natural Ketchup Add Cheddar \$.60	6 Classic Cheese Pizza- Non GMO- Tomato Sauce with Extra Virgin Olive Oil Natural Mozzarella Cheese Fresh Seasoned Broccoli
9 Colman Natural Oven Baked Breaded Chicken Tenders- Honey Butter Corn Choice of Dip	10 Non GMO Buttermilk Pancakes- Applegate Farms (Nitrate Free) Natural Breakfast Sausage Chilled Fresh Orange Wedge Melted Butter Small Batch Blueberry Sauce	11 Barilla Pasta Bar- Choice of: White or Wheat Choice of: Non GMO-Marinara, Bolognese or Butter & Cheese Fresh Seasoned Green Beans	12 Nachos- Seasoned Angus Beef Natural Cheddar Cheese Sauce Crispy Tortilla Chips Salsa	13 Classic Cheese Pizza- Non GMO- Tomato Sauce with Extra Virgin Olive Oil Natural Mozzarella Cheese Fresh Seasoned Broccoli
16 Colman Natural Oven Baked Breaded Chicken Tenders- Honey Butter Corn Choice of Dip	17 Classic Waffles Crispy Bacon Oven Baked Potato Puffs Melted Butter, Strawberry or Strawberry Banana Sauce	18 Barilla Pasta Bar- Choice of: White or Wheat Choice of: Non GMO-Marinara, Bolognese or Butter & Cheese Fresh Seasoned Green Beans	19 Pigs in a Blanket- Hebrew National All Beef Hot Dog Baked in Fresh Dough Oven Baked Potato Puffs Seasoned Mixed Vegetables	20 Classic Cheese Pizza- Non GMO- Tomato Sauce with Extra Virgin Olive Oil Natural Mozzarella Cheese Fresh Seasoned Broccoli
23 Colman Natural Oven Baked Breaded Chicken Tenders- Honey Butter Corn Choice of Dip	24 Non GMO Buttermilk Pancakes- Applegate Farms (Nitrate Free) Natural Breakfast Sausage Chilled Fresh Orange Wedge Melted Butter Small Batch Blueberry Sauce	25 Barilla Pasta Bar- Choice of: White or Wheat Choice of: Non GMO-Marinara, Bolognese or Butter & Cheese Fresh Seasoned Green Beans	26 Hamburger- Angus Beef Burger Oven Baked Steak Fries Natural Ketchup Add Cheddar \$.60	27 Classic Cheese Pizza- Non GMO- Tomato Sauce with Extra Virgin Olive Oil Natural Mozzarella Cheese Fresh Seasoned Broccoli

Daily A la Carte Offerings

In addition to our hot prix fixe menu, we also offer the following daily a la carte items at this location.....

Foods

Assorted Grab & Go Boars Head Deli Sandwiches \$3.95

Coleman Natural Turkey and Cheddar Wrap \$4.50

Bagel with Cream Cheese \$1.65

Pasta Salad \$1.00

House Made Croutons \$.15

Shredded Cheddar Cheese Cup \$.50

Cheese, Fresh Grapes and Non-GMO Crackers \$2.85

Stonyfield Organic Yogurt Parfait made with Nut Free Non-GMO Granola \$2.50

Cereal Bowls (Cheerios, Apple Cinnamon Cheerios, Fruity Cheerios) \$1.10

Pudding Cup (Gluten Free) \$1.10

Fresh Mozzarella & Tomato Sandwich \$3.95

Sun Butter and Organic Non- GMO Grape Jelly Sandwich \$2.65

Mixed Salads & Crudité Bento Boxes \$2.00

Marinated Sliced Grilled Chicken \$1.00

Hummus Cup (sesame free) \$1.00

Fresh Cut Fruit Salad \$1.65

Mozzarella String Cheese \$0.65

Assorted Whole Hand Fruit \$0.85

GoGo Squeez Non-GMO 100% Fruit & Apple Sauce Pouch \$1.50

Au Bon Pain Assorted Soup \$2.00 (Non-GMO oyster crackers \$0.50)

Beverages

Dairy

(All Hormone Free) 2% White Milk or Skim Chocolate Milk \$0.65

Horizon Organic Low Fat Milk Box (chocolate or vanilla) \$2.10

Stonyfield Organic Yogurt and Fruit Smoothie \$1.20

Water

Small Bottled Water \$0.65 – Large Bottled Water \$1.25

Dairy Alternative

Silk Soy Milk (vanilla or chocolate) \$1.75

100% Fruit Juice

Apple & Eve Organic Apple Juice Box \$1.00

Tropicana Pure Premium Orange Juice \$1.25

Izze Sparkling Juice \$1.50

.....Prepackaged Snack Items.....

Assorted Baked Lays \$1.10

Rold Gold Pretzels \$1.00

Assorted Sun Chips \$1.10

Kettle Brand Potato Chips (non GMO) \$1.00

Smartfood Popcorn \$1.00

Pirates Booty (non GMO) \$1.25

Good Health Veggie Straws (non GMO) \$1.60

Reduced Fat Doritos \$1.10

Assorted Fresh Baked Cookie \$.60

Whole Grain Scooby Cinnamon Sticks \$1.00

Assorted Stacy's Pita Chips \$1.50

Whole Grain Muffin \$1.00

DID YOU KNOW?

We use 100% certified humane, antibiotic & hormone free Angus ground beef

Our eggs are cage free

We use ingredients that are free from high fructose corn syrup

We do not deep fat fry

Our deli meats are Boars Head Brand

We use regional farmers for fruits and vegetables (seasonally available)

Our Tuna is line caught, dolphin safe

Our chicken is raised with a restricted antibiotic protocol

We use only natural cheeses in our kitchens

We do not use ingredients containing hydrogenated oils

Our meats are “whole muscle,” non-processed

Our milk is hormone free

Our fruit juices are 100% juice

Parents of Students with Allergies

Please contact us directly with questions regarding menu items and ingredients so we may provide your child with safe lunch choices.

Parental Controls

We understand that parents may want to limit their child’s privileges to certain items available in the cafeteria. For more information about this service please contact our offices (203) 221-6500 (x4070) so we may discuss this option with you.

The Culinary Services Program at Weston Public Schools

Director of Culinary: Andre Santelli, FMP

andresantelli@westonps.org

(203) 515-0510

Chartwells Dining Manager: Meghan Bendish

meghanbendish@westonps.org

(203) 258-9319

Chefs de Cuisine:

Hurlbutt Elementary School: Joe Miele

Weston Intermediate School: Nickeda Mabry

Weston Middle School: Ralph Serpico

Weston High School: Luis Cedeno

Finance and Accounts:

Alexandra Kandiew

(203) 221-6500 (x4070)

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